

Meals On Wheels

Home Cooked Meals Delivered to Your Doorstep

Menu	Single Order	Order × 2
Caesar Wedge Salad	\$10	\$15
Corn & Chicken Chowder	\$5	\$10
Chicken Parmesan	\$15	\$25
penne tomato sauce, and garlic bread		
Spaghetti & Meatballs	\$15	\$25
garlic bread		
Meat Lasagna	\$15	\$25
garlic bread		
Creamy Vegetable Lasagna	\$12	\$20
Chicken Souvlaki	\$15	\$25
rice, roast vegetables, pita bread		
Braised Beef Stew	\$17	\$30
potatoes, vegetables		
Lamb Curry	\$17	\$30
basmati rice, naan bread		
Butter Chicken	\$15	\$25
basmati rice, naan bread		
Chana Masala (Vegan)	\$12	\$20
chick pea stew		
Grilled Salmon	\$17	\$30
spinach risotto		
Salisbury Steak	\$17	\$30
caramelized onion, mushrooms, mashed potatoes		
House Made Carrot Cake	\$5	\$10

\$5 Delivery within a 2km radius 5pm - 8pm

To order and pay, please call: 250.878.4703

All meals are freshly prepared, chilled, and packaged to be reheated at home

Gulfstream

tastesocial

Est. 2014